



What is the Soul?

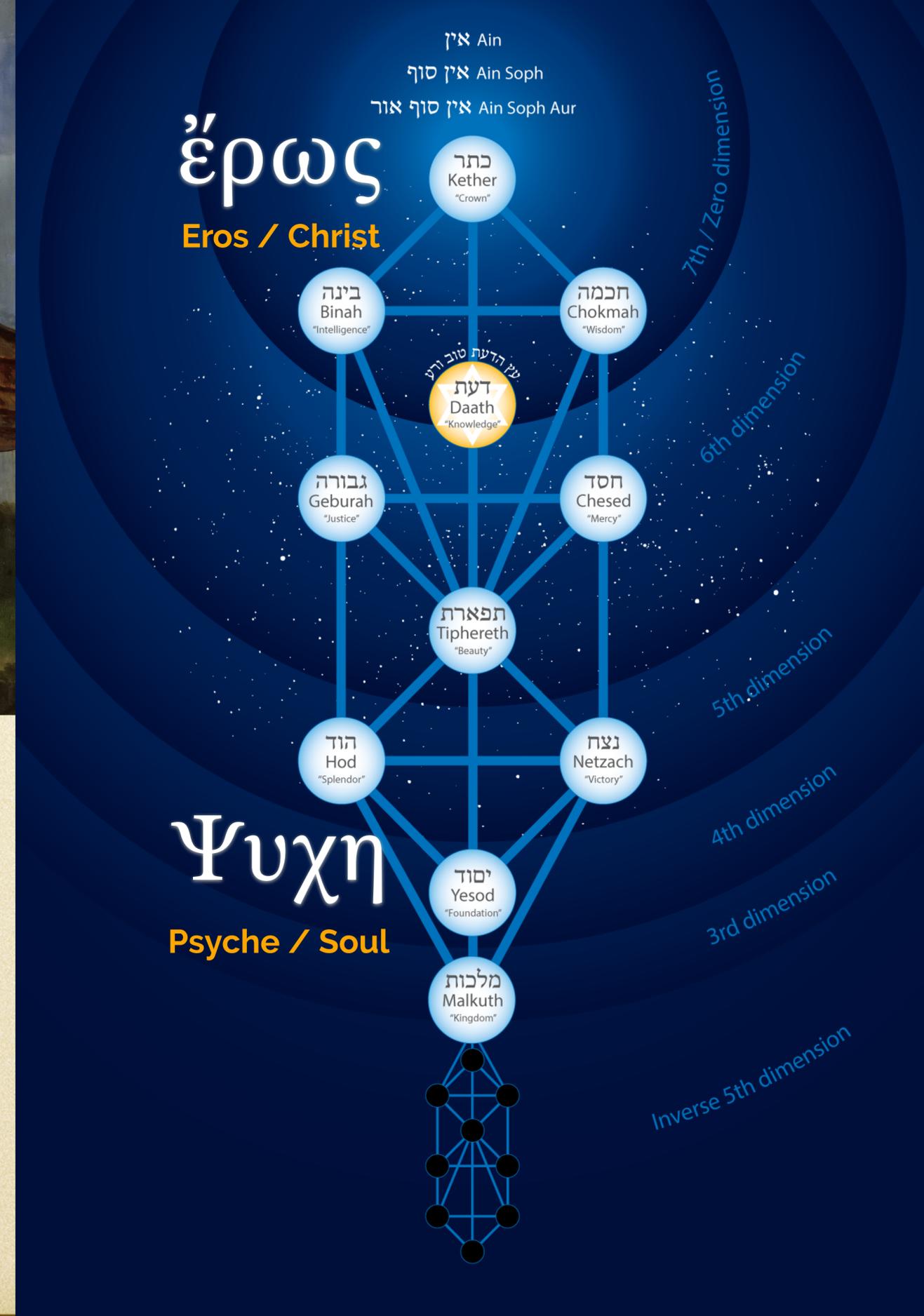


Psyche

“life force;
breath, soul”

Eros

“love;
life force”



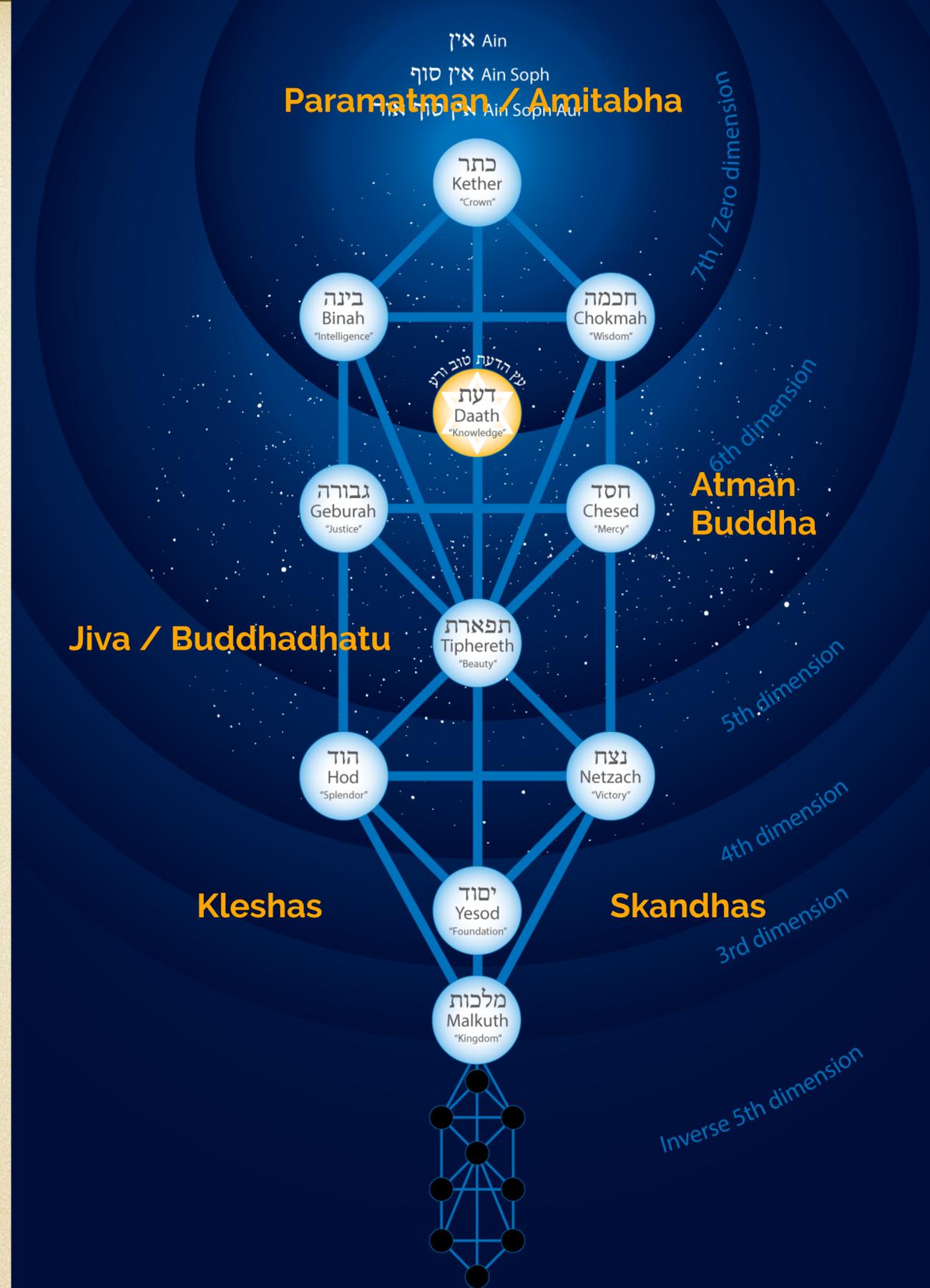
Hinduism:

आत्मन्
Atman

Paramatman

Atman

Jiva



Buddhism:

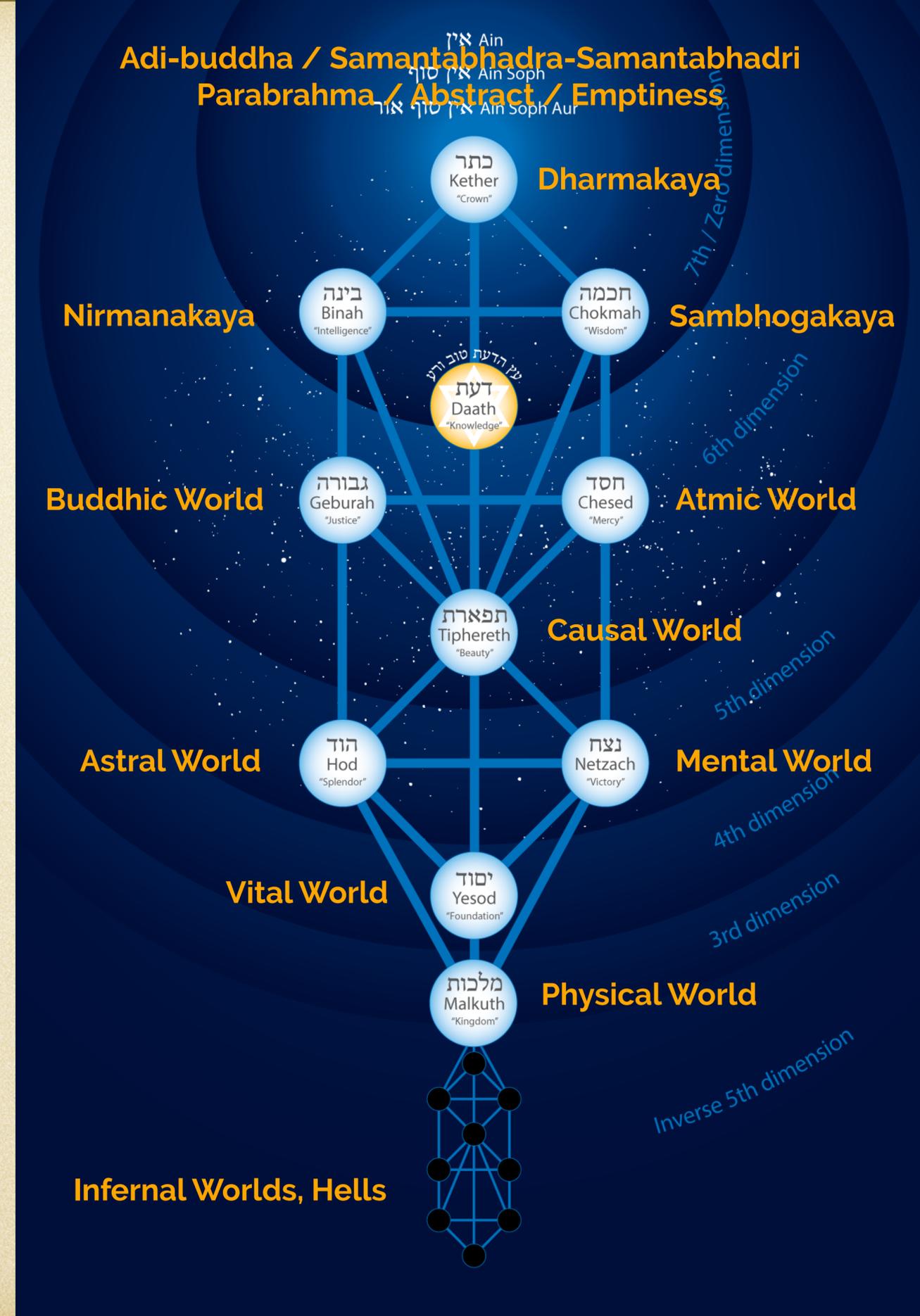
अनात्मन्
Anatman

Tathagatagarbha

Buddhadhatu

What the Soul is Not

- The physical body
- The vital body
- The personality
- Egos ("I's")



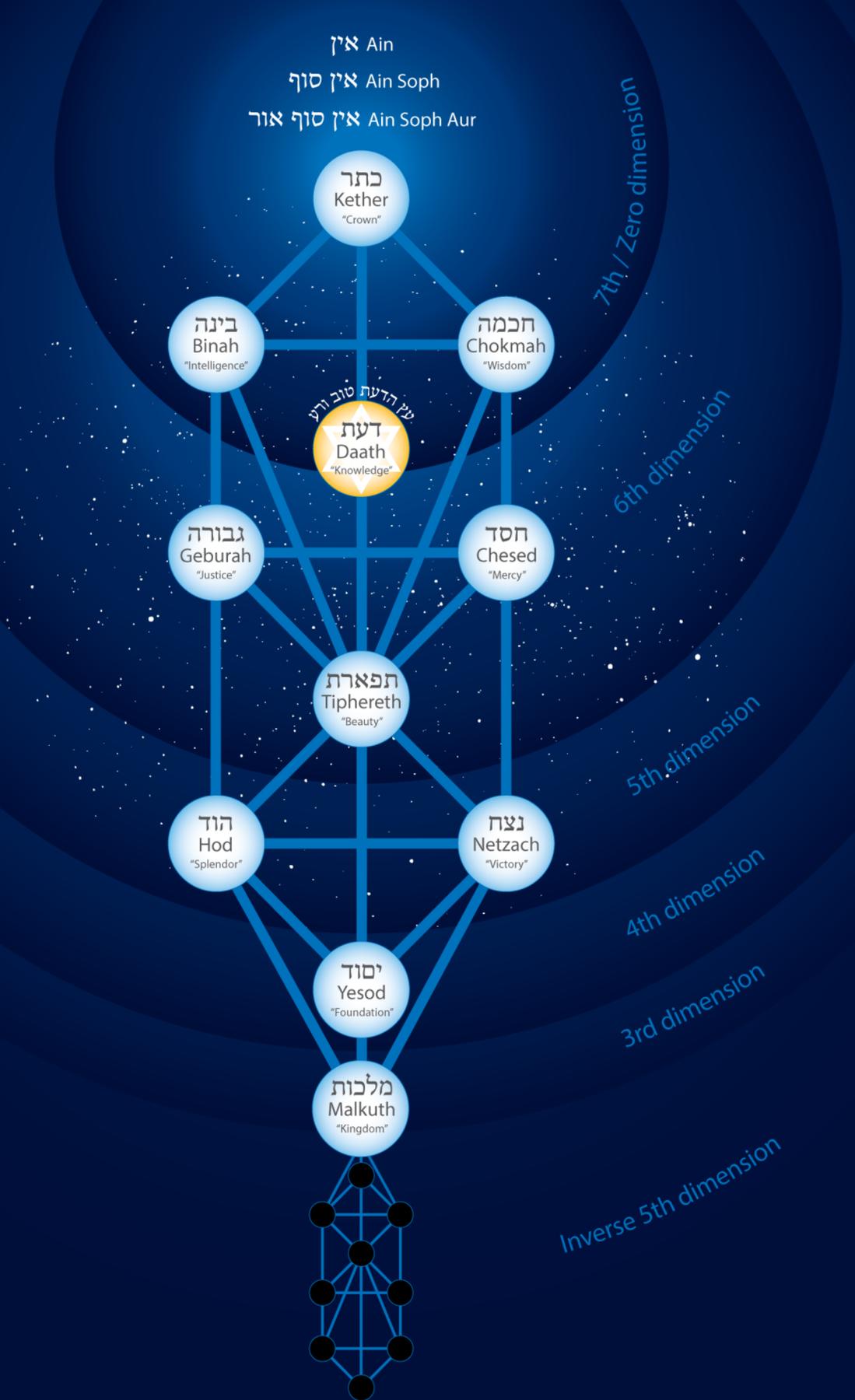
Three Aspects of Soul

Judeo-Christian

- נשמה (Neshamah)
- רוח (Ruach)
- נפש (Nephesh)

Greek

- λογιστικόν (Logistikon)
- θυμοειδές (Thymoeides)
- ἐπιθυμητικόν (Epithymetikon)



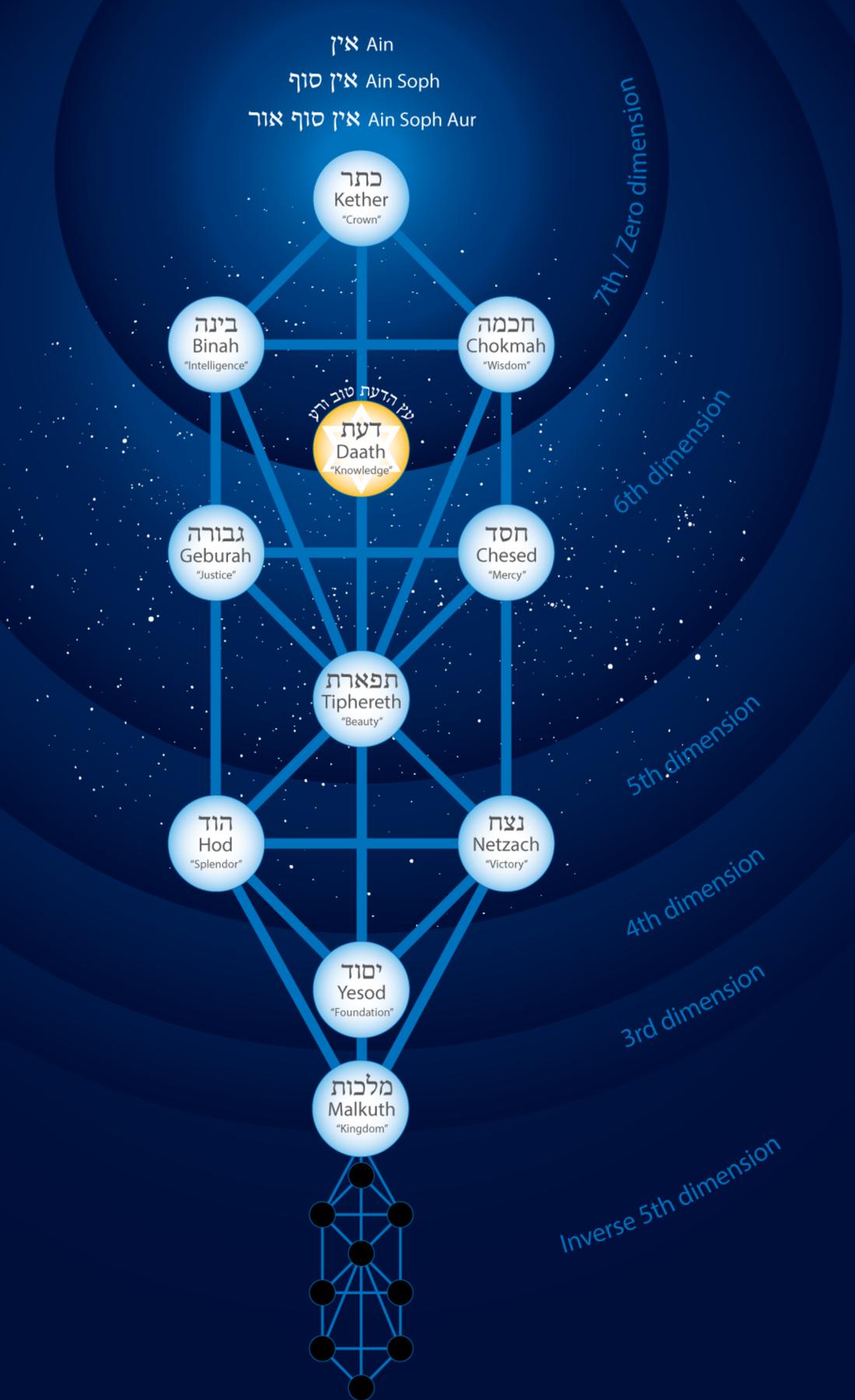
נפש Nephesh

*"Blood, life force, vitality, appetite, soul, that
which breathes"*

Yesod, "foundation." Liver.

*"All the labour of Adam is for his mouth, and
yet the נפש is never filled."*

— Ecclesiastes 6:7



רוח Ruach

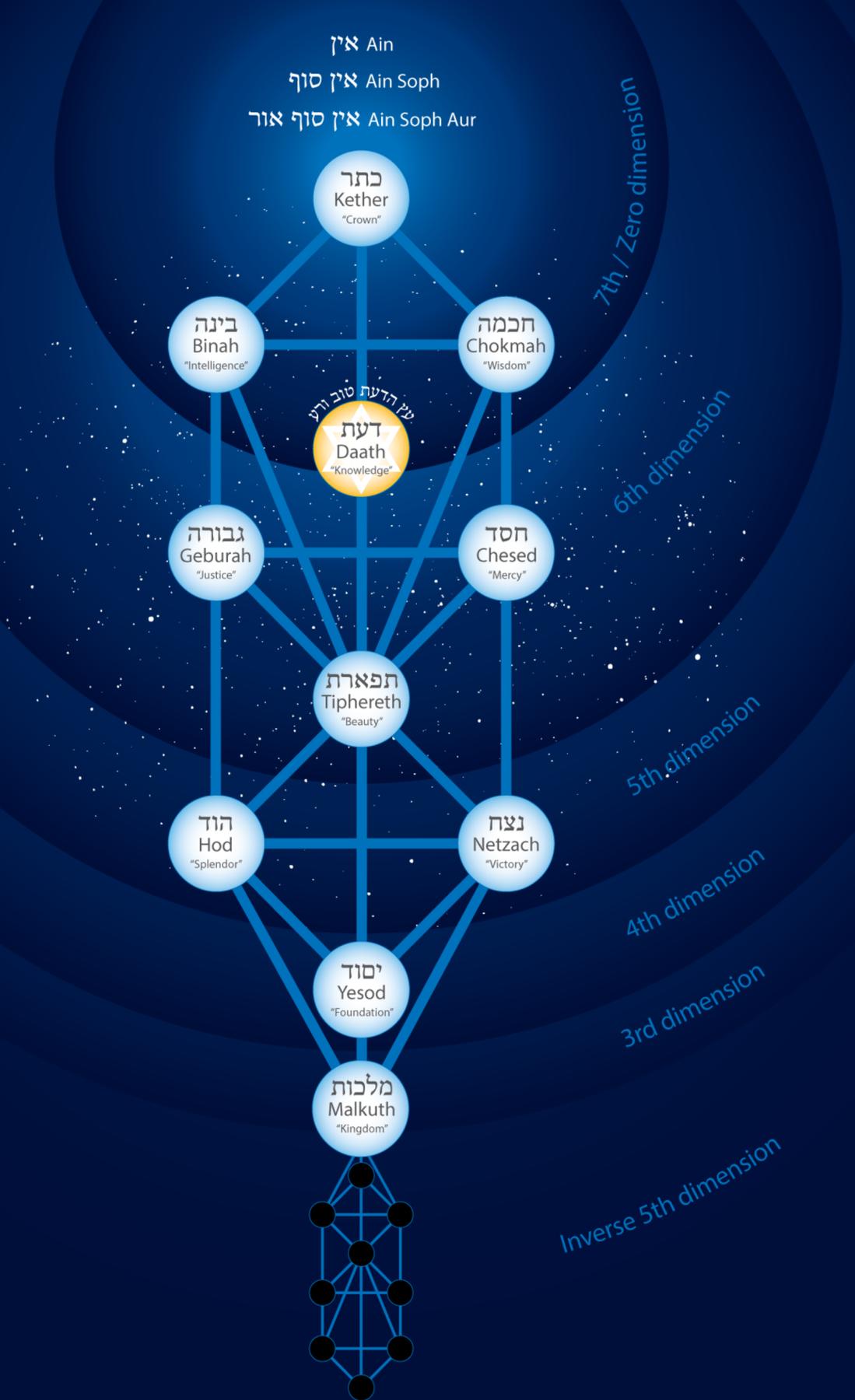
“Breath, wind, spirit”

“Thinking, emotional soul.”
Ethical perception.

Tiphereth and Chesed / Gedulah. Heart.

“Who knoweth the רוח of the sons of man that is going up on high, and the רוח of the beast that is going down below to the earth?”

—Ecclesiastes 3:21



נשמה Neshamah

“Breath, wind, spirit”

“Spiritual soul,” that which discriminates the real from the unreal. Objective, spiritual.

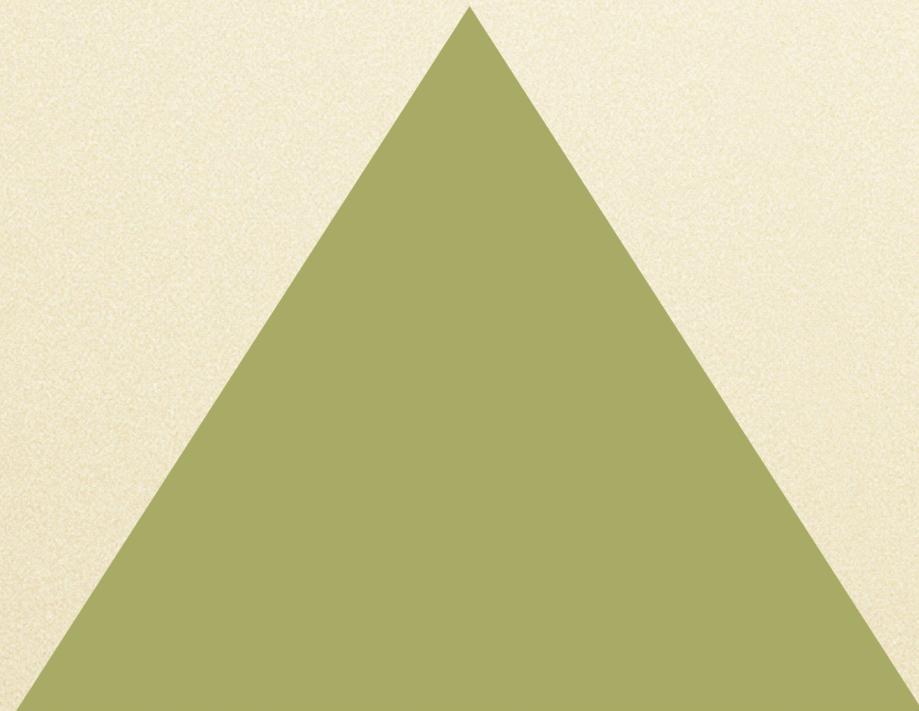
Aware of divinity.

Geburah and Chokmah. Brain.

“The נשמת of אדם is a lamp of יהוה...”

— Proverbs 20:27

נשמה (Neshamah)
Spiritual



רוח (Ruach)
Ethical

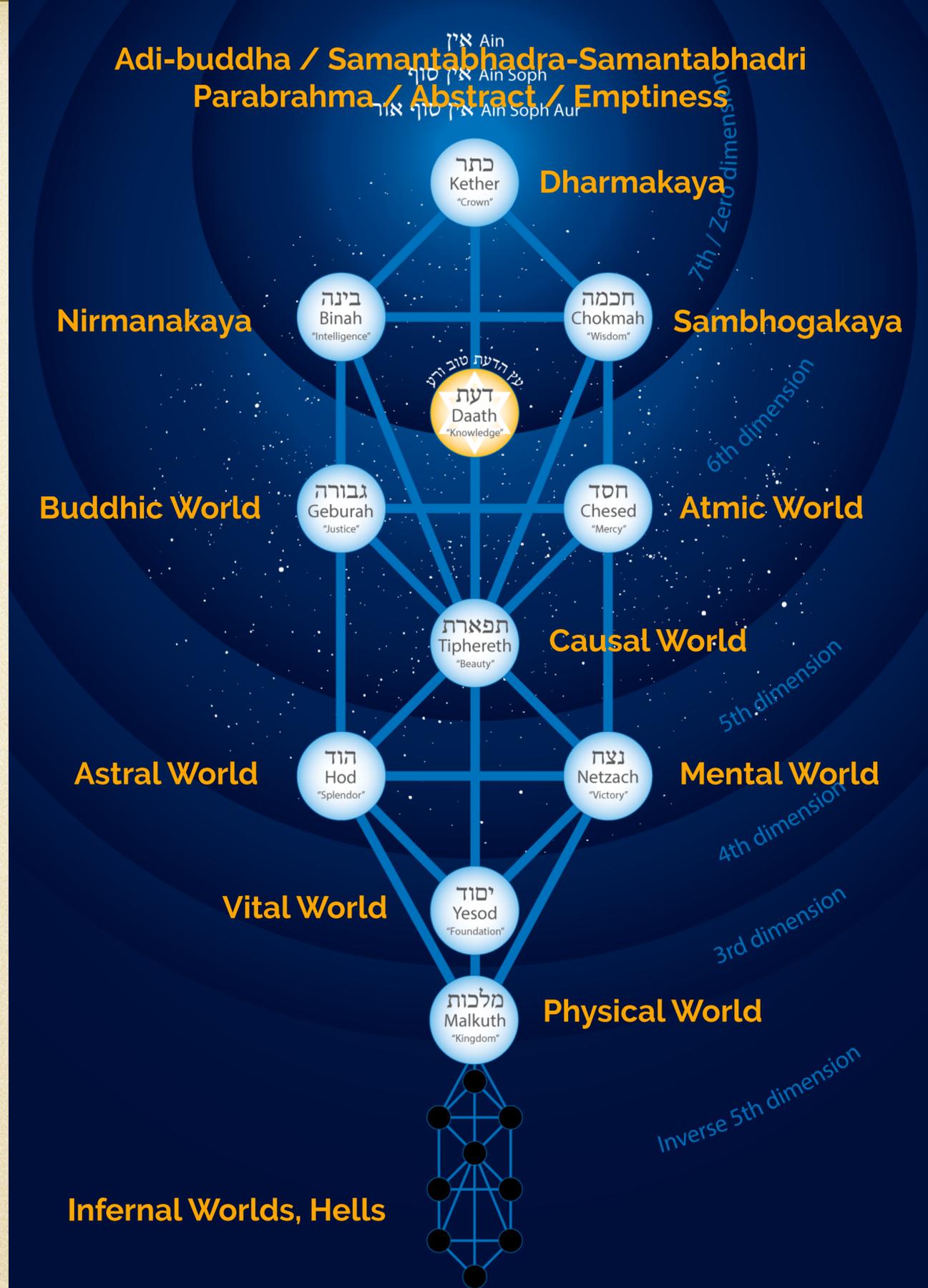
נפש (Nephesh)
Appetite

"All the while
my נשמה is in
me, and the רוח
of Elah
(goddess) is in
my face, my lips
shall not speak
wickedness, nor
my tongue utter
deceit."

—Job 27

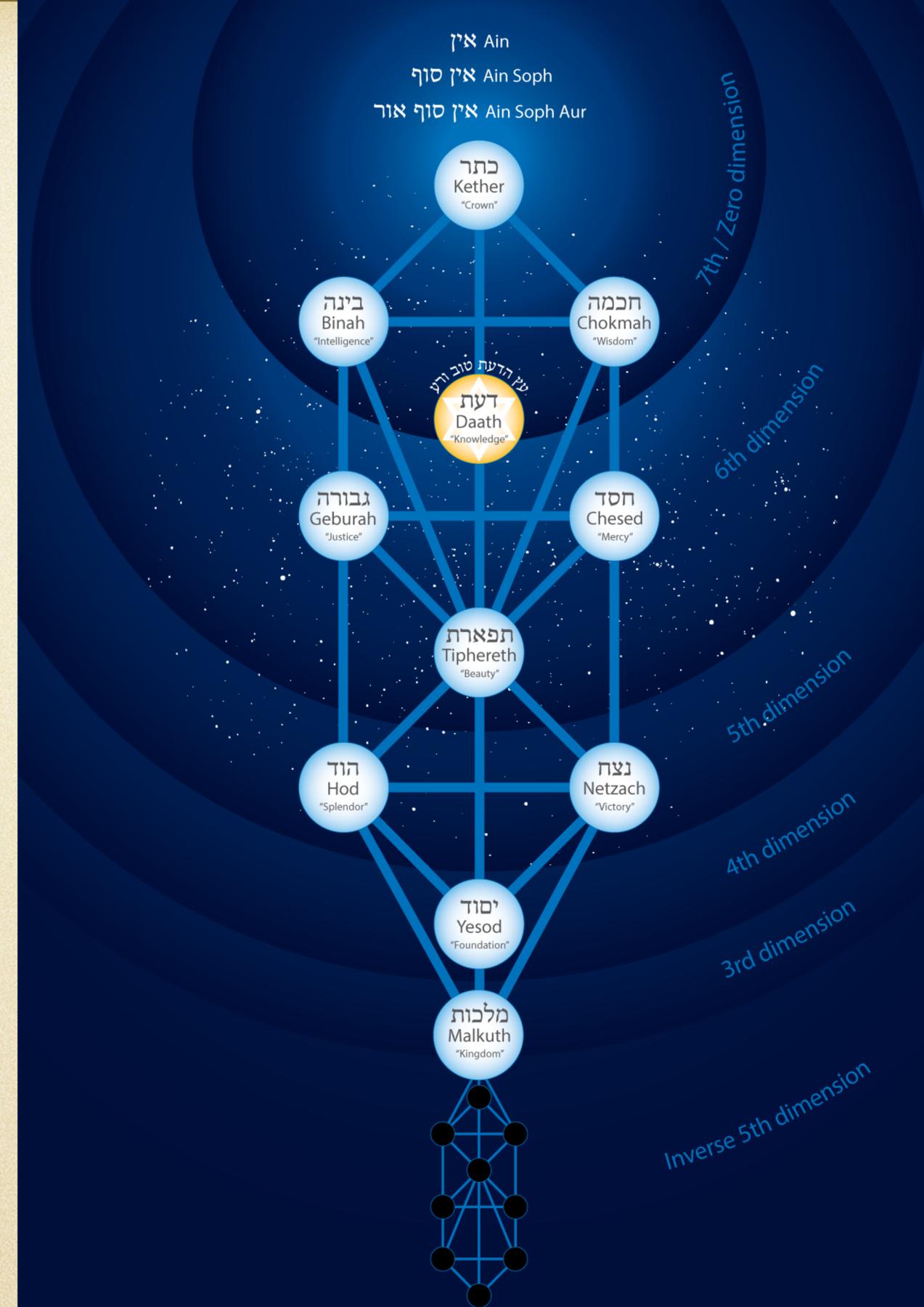
“Yea, in the way of thy judgments, O LORD, have we waited for thee; the longing of our nephesh is to thy name, and to the remembrance of thee. My nephesh delights in thee during the night, yea, my ruach within me seeks thee early: for when thy judgments are in the earth, the inhabitants of the world will learn righteousness.”

—Isaiah 26



- יחידה Yehidah: unity of divinity, true individuality
 - חיה Chaiah: power of divinity
-
- נשמה Neshamah: perception of divinity
 - רוח Ruach: ethical perception
 - נפש Nephesh: vitality, appetite

1. Related to the Ain Soph
2. Relates to the Ain Soph Aur
3. Body of the Truth
4. Perfect Resource Body
5. Body of Manifestation
6. Body of the Innermost
7. Body of the Consciousness
8. Causal Body
9. Mental Body
10. Astral Body
11. Body of Vitality
12. Physical Body



ἐν τῇ ὑπομονῇ ὑμῶν κτήσασθε τὰς ψυχὰς ὑμῶν.

“With patience, acquire your souls.”

—*Jesus, from Luke 21:19*

How to Begin

“...**observe yourselves**, lest at any time your καρδιά [mind-heart-appetite] be overcharged with intoxication of debauchery, and drunkenness, and distractions of this life, and so that day [when all things end] come upon you unawares. For as a snare shall it come on all them that dwell on the face of the whole earth. Watch [consciously] ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand [awakened] before the Son of man.”

—*Jesus, Luke 21*